

Did you know that 90% of ER visits could be treated at an urgent care clinic?
The approximate wait time for an urgent care visit is 1 hour compared to 4 hours for an ER visit
The approximate cost for urgent care visit is \$150 vs. \$1500 for ER visit.

See the suggestions below when considering where to seek medical care:

Primary Care Physician (PCP) - schedule an appointment

- * regular health screening
- * checkups/physical exams
- * earaches, eye or skin infections
- * fever higher than 100 degrees
- * colds and coughs
- * lingering pain
- * unexpected weight changes
- * nausea, vomiting, diarrhea
- * pregnancy test
- * insect bites or rashes
- * if something causes you concern

Urgent care - walk in/make an appointment

- * Minor illnesses/injury
- * flu, cold, or fever
- * COPD
- * sprains or strains
- * minor broken bones with no skin penetration
- * mild asthma attack
- * minor burns
- * minor head injury
- * bladder infections or UTI
- * sore throat or ear ache
- * stomach virus

Emergency Room (ER) - life threatening

- * heart attack
- * stroke
- * major bleeding
- * severe burns
- * severe asthma attacks
- * broken bone where bone is visible
- * serious health injury
- * vaginal bleeding during pregnancy
- * loss of limb
- * poisoning
- * chest pain
- * seizure or convulsions