

March Morning Announcements



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Morning Pancakes super yummy! Add some bananas or strawberries for a healthy addition to your next morning stack of pancakes!	2 It's so important to feed your mind with books! On Read Across America Day, pick up your favorite book and spend twenty minutes reading!	3 Canadian Bacon is a tasty choice for a breakfast sandwich or on your next slice of pizza! Add some protein to your meal with Canadian Bacon!
6 Today kicks off National School Breakfast Week!!! Hope you had an Egg-cellent Breakfast!	7 Nat' School Breakfast week fact of the day: Did you know the nutrients in eggs are good for your eyes?	8 Nat' School Breakfast week fact of the day: Did you know the most popular eggs are white eggs?	9 Nat' School Breakfast week fact of the day: Did you know that older hard-boiled eggs are easier to peel?	10 Hope you had a great National School Breakfast Week! Continue celebrating breakfast all year: eggs (and breakfast) can help your brain think
13 No School	14 No School	15 No School	16 No School	17 No School
20 No School	21 No School	22 Knock, Knock. Who's there? Bean. Bean who. It's bean awhile since we saw you. Welcome back!	23 Did you know that your body is made up of 60% water? That means you need to drink water throughout the day to stay healthy!	24 A box of raisins is a great way to add nutrients like iron, potassium, and fiber to your diet!
27 Why shouldn't you tell secrets in a vegetable garden? Because the corn have ears, they potatoes have eyes, and the beans-talk	28 Fish, nuts, and seeds are good sources of healthy fats! Healthy fats are important for our	29 Happy National Whole Grain Sampling Day! Popcorn is a tasty way to have a whole grain snack!	30 Our Pick a better snack was Sugar Snap Peas. These are good for our bodies and have a lot of fiber, vitamin C, and vitamin A.	31 What do you call a lazy spud? A couch potato! Happy National Tater Day!