

December 2024 Good Morning Announcements

The Good Morning Announcements are provided by the Nutrition Educators of Pick a Better Snack.

Monday	Tuesday	Wednesday	Thursday	Friday
12/2	12/3	12/4	12/5	12/6
The first candy canes were made without stripes	DID YOU KNOW? Kiwi is both a fruit and a type of bird	NATIONAL COOKIE DAY! What is your favorite cookie?	WORLD SOIL DAY! Some fruits and vegetables thrive in the winter weather and the cold climate is essential to their growing process	DID YOU KNOW? Winter is a German word, meaning "time of water," how much water do you drink in a day?
Monday	Tuesday	Wednesday	Thursday	Friday
12/9	12/10	12/11	12/12	12/13
What is the weatherman's favorite food? Brrr – itos	DID YOU KNOW? Kiwi was originally named the Chinese gooseberry because it originated in China	Ice Skating is a popular winter sport! What are some activities you like to do to stay active in the winter?	Do you know how kiwi's grow? What do they grow on? They grow on a vine!	NO SCHOOL
Monday	Tuesday	Wednesday	Thursday	Friday
12/16	12/17	12/18	12/19	12/20
Vitamin C helps to build our immune systems and protect us from sickness during cold/flu season! Kiwi is high in vitamin C	What is your favorite winter sport to participate in?	Kiwis contain lots of fiber, vitamin C The whole kiwi can be eaten, the skin and the seeds included!!	What is the best winter breakfast? Frosted Flakes	The game of basketball was invented during the month of December in 1891